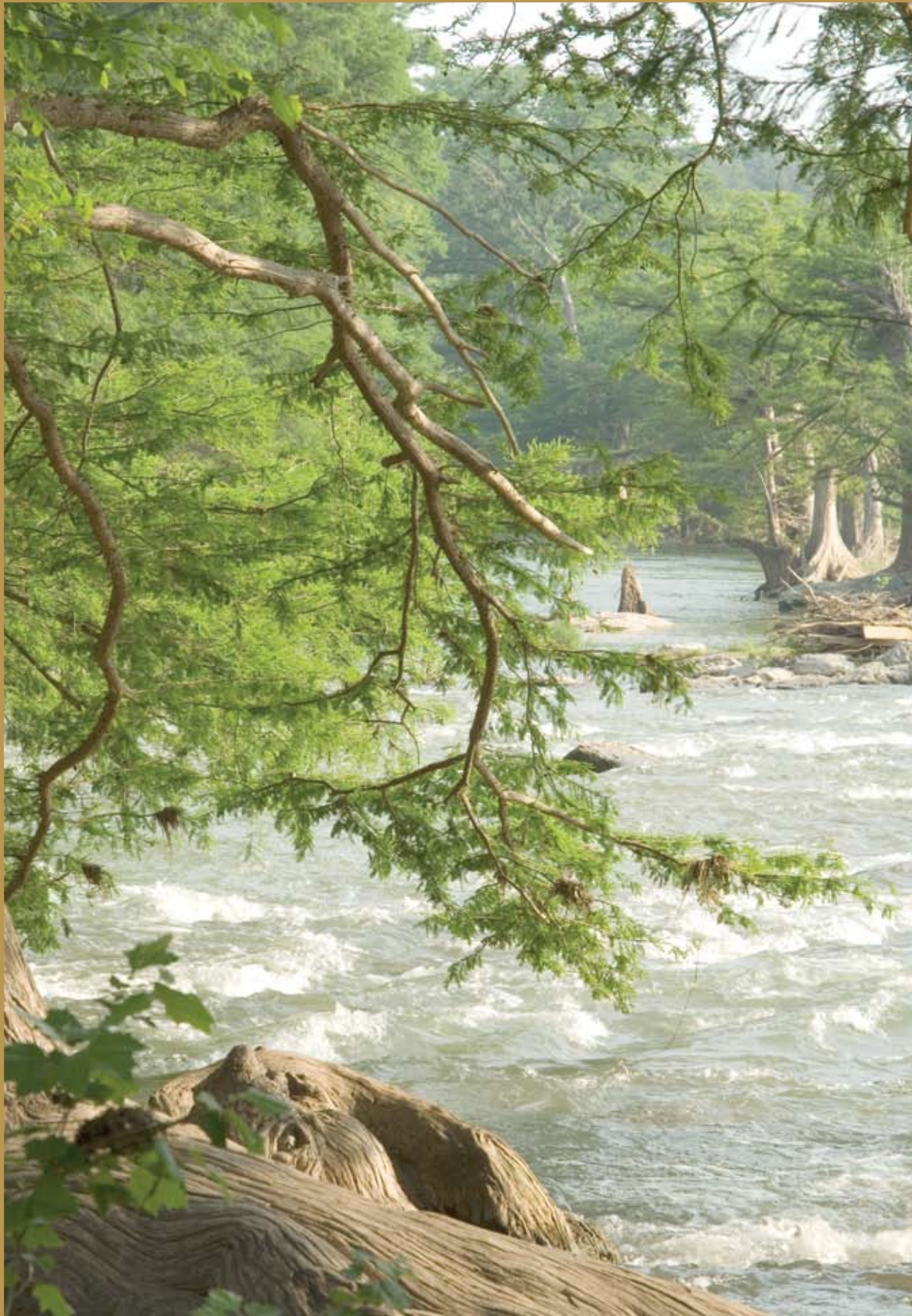


The Benefits of Water Fluoridation



- ≈ Water fluoridation benefits everyone.
- ≈ Fluoride is naturally found in water, food, rocks, and soil.
- ≈ Fluoride helps prevent tooth decay. It keeps teeth strong and healthy.
- ≈ On average, it costs \$0.50 per person a year to drink fluoridated water.
- ≈ Community water fluoridation is a safe and a cost-effective way to prevent tooth decay.
- ≈ Community water fluoridation was named one of the 10 greatest public health achievements of the 20th century.
- ≈ Nearly all cavities can be prevented when water fluoridation is combined with regular dental visits, dental sealants, and the regular use of fluoride toothpaste.

**To find out if your water is fluoridated,
contact your water supplier.**

**For more information call
1-888-963-7111, ext. 7349.**



**TEXAS
FLUORIDATION
PROJECT**

